The Foundation has made more than $34 million in grants to our region since 2001. As the organizations we support continue to grow in their reach and effectiveness, the health of thousands of individuals has been positively impacted.

55 approved grants

24,009 neighbors impacted

$1,819,322 invested in grants, initiatives and other program services
Dear Friends and Community Partners,

As the foundation celebrates its 15th anniversary, we applaud the impressive accomplishments of our many community partners and grantees. Our region’s ongoing commitment to creating more effective solutions to tough social problems is grounded in a rich culture of generosity, hard work and goodwill to collaborate.

Since the Partnership’s founding in 2001, we have made more than $34 million in grants to promote healthy lifestyles and improve access to affordable health services in South Central Pennsylvania. The report herein is a tribute to these many investments.

Highlights from the past year include large grants to trusted health care providers like Gaudenzia, the Perry Dental Clinic, NHS Stevens Center and Sadler Health Center, as well as myriad grants to area schools, workplaces, parks and nonprofits that promote healthy behaviors where people live, learn, work and play. The Partnership’s new Match Madness campaign assisted local nonprofits by making a flexible match of $50,000 available to support their core operations and programs. As a capstone to our year, the Partnership celebrated 18 new Champions for Better Health at an awards ceremony in May.

Knowing that today’s health landscape is far different than it was 15 years ago, the foundation strives to be a responsive and adaptive partner—one that is nimble in keeping pace with emerging lessons from the field and changing community needs and opportunities. We recently conducted a series of interviews and local surveys to reexamine how the Partnership can be of greatest service to our region. As our new strategic plan unfolds in 2017, we will be working even harder to meaningfully connect and convene community partners, to be a vocal advocate on key health issues and to make focused investments that address the root issues of poor health for our most vulnerable community members.

At the Partnership, being an adaptive organization means being ambitious enough to chart a bold course for community impact and being pragmatic in defining clear steps for action. It also means being reflective in anticipating the need for mid-course corrections along the way and recognizing that we cannot build a healthy community alone.

We are committed to making a difference together. To all those who are an essential part of this work, we thank you. To those who may seek to learn more, we welcome your engagement and look forward to hearing from you.

Jeffrey Gayman  
Board Chair

Becca Raley  
Executive Director
Health happens where people of all ages live, learn, work and play. The Partnership is committed to promoting healthy lifestyles.

### HEALTHY COMMUNITY

<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Independent Living of Central PA</td>
<td>$1,000</td>
</tr>
<tr>
<td>Disability and Senior Inclusive Fitness</td>
<td></td>
</tr>
<tr>
<td>Community Dashboard</td>
<td>$10,000</td>
</tr>
<tr>
<td>United Way of the Capital Region</td>
<td></td>
</tr>
<tr>
<td>Cumberland County Historical Society</td>
<td>$2,000</td>
</tr>
<tr>
<td>Pocket Park Natural History Scavenger Hunt</td>
<td></td>
</tr>
<tr>
<td>Diakon Youth Services</td>
<td>$736</td>
</tr>
<tr>
<td>Flight Program Health &amp; Wellness Initiative</td>
<td></td>
</tr>
<tr>
<td>Downtown Carlisle Association</td>
<td>$25,000</td>
</tr>
<tr>
<td>Heberlig Palmer Park Renovation</td>
<td></td>
</tr>
<tr>
<td>Historic Carlisle, Inc</td>
<td>$1,000</td>
</tr>
<tr>
<td>Wayside Marker Brochures</td>
<td></td>
</tr>
<tr>
<td>New Life Community Church</td>
<td>$2,000</td>
</tr>
<tr>
<td>LifeCycle Carlisle</td>
<td></td>
</tr>
<tr>
<td>Simply Moving Walking Initiative</td>
<td>$1,486</td>
</tr>
<tr>
<td>Carlisle Parks &amp; Recreation</td>
<td></td>
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<tr>
<td>Wellness at Work (Year 11)</td>
<td>$15,000</td>
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</tbody>
</table>

### YOUTH DEVELOPMENT

<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Bermudian Springs School District</td>
<td>$2,000</td>
</tr>
<tr>
<td>Elementary School Physical Education Equipment</td>
<td></td>
</tr>
<tr>
<td>Cardio Room Project</td>
<td>$25,000</td>
</tr>
<tr>
<td>Playground Equipment/Storage</td>
<td>$2,000</td>
</tr>
<tr>
<td>Walking to Help the World</td>
<td>$2,000</td>
</tr>
<tr>
<td>Big Brothers Big Sisters of York &amp; Adams Counties</td>
<td>$2,000</td>
</tr>
<tr>
<td>SMART Program</td>
<td></td>
</tr>
<tr>
<td>Bison Foundation</td>
<td>$50,000</td>
</tr>
<tr>
<td>Lamberton M.S. &amp; Wilson M.S. Fitness Centers</td>
<td></td>
</tr>
<tr>
<td>Carlisle Area School District</td>
<td>$1,500</td>
</tr>
<tr>
<td>Carlisle High School Herd 100</td>
<td></td>
</tr>
<tr>
<td>Lamberton Middle School, Go Girls Go</td>
<td>$1,000</td>
</tr>
<tr>
<td>Standing Strong Curriculum</td>
<td>$1,950</td>
</tr>
<tr>
<td>Swim/Water Safety Instruction</td>
<td>$750</td>
</tr>
<tr>
<td>Carlisle Victory Circle Character &amp; Career Development Program</td>
<td>$5,100</td>
</tr>
<tr>
<td>Dickinson College</td>
<td></td>
</tr>
<tr>
<td>CONNECT: The Summer Collaboration</td>
<td>$2,000</td>
</tr>
<tr>
<td>Kidney Foundation of Central Pennsylvania</td>
<td>$1,500</td>
</tr>
<tr>
<td>Camp Kydnie - A Camp for Kids with Kidney Disease</td>
<td></td>
</tr>
<tr>
<td>LEAF Project, Inc.</td>
<td>$25,000</td>
</tr>
<tr>
<td>LEAF Project (Leadership Education And Farming)</td>
<td></td>
</tr>
<tr>
<td>Greenhouse</td>
<td>$25,000</td>
</tr>
<tr>
<td>Make It a Healthy Summer! Youth Scholarships</td>
<td>$8,000</td>
</tr>
<tr>
<td>Summer Program for Youth (SPY)</td>
<td></td>
</tr>
<tr>
<td>Swimming Program Component</td>
<td>$1,900</td>
</tr>
<tr>
<td>West Perry School District</td>
<td>$2,000</td>
</tr>
<tr>
<td>PROSPER Strengthening the Family/Middle School</td>
<td></td>
</tr>
</tbody>
</table>

### NUTRITIOUS FOOD ACCESS

<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hope Station Opportunity Area Neighborhood Council</td>
<td>$2,000</td>
</tr>
<tr>
<td>Kid’s Cafe</td>
<td></td>
</tr>
<tr>
<td>Project SHARE of Carlisle</td>
<td>$69,000</td>
</tr>
<tr>
<td>Adult and Child Nutrition</td>
<td></td>
</tr>
<tr>
<td>Double Up Food Bucks</td>
<td>$2,000</td>
</tr>
<tr>
<td>Salvation Army of Carlisle</td>
<td>$20,000</td>
</tr>
<tr>
<td>My Brother’s Table</td>
<td></td>
</tr>
<tr>
<td>The Super Cupboard</td>
<td>$2,000</td>
</tr>
<tr>
<td>Shippensburg University Foundation</td>
<td>$2,000</td>
</tr>
<tr>
<td>Shippensburg Summer Lunch Program</td>
<td></td>
</tr>
</tbody>
</table>
These grants were awarded between July 1, 2015 and June 30, 2016.

**BEHAVIORAL HEALTH**

**Gaudenzia, Inc.**
Enhancing Treatment Options for Substance Abuse  
$100,000

**NHS Stevens Center**
Comprehensive Clinical Team (2 years)  
$186,000
Outpatient Drug & Alcohol Program (2 years)  
$114,000

**Pressley Ridge**
Adams County Trauma Assessment Project  
$10,000

**Substance Abuse Services**
RASE of Carlisle  
$78,000

**SADLER HEALTH CENTER**
The foundation made an award of $785,400 to support four programs at Sadler
- Behavioral Health Services
- Healthy Rx
- Nurse-Family Partnership
- Oral Health Services

**HEALTH CARE**

**Civic Club of Shippensburg**
Community Nurse (2 years)  
$34,000

**Dickinson College**
Migrant Farm Labor Health Outreach  
$3,000

**Perry County Health Coalition**
Consultant  
$20,000

**HEALTHY PEOPLE GRANTS**

**Diakon Youth Services**
Flight Program Access Initiative  
$28,100

**Healthy Steps Diaper Bank**
Critical Diaper Need  
$4,000

**Hometown Development Corporation**
Carlisle Works  
$30,000

**Safe Harbour Inc.**
Life Skills  
$4,500

Ensuring access to affordable health services is central to our mission and impacts thousands of individuals throughout our region.

Through collaborative efforts we are educating a pipeline of talented health professionals to fill high-demand jobs.
To ensure lasting health improvements, we continually advocate for effective health policies. The Partnership focused on several key policy issues this year, including:

- Adequate funding for PA 2-1-1 to ensure every Pennsylvanian has easy access to health and human services information;
- New legislation and local solutions to address opiate addiction and overdoses;
- Creation of a strong Blueprint for a Hunger-Free Pennsylvania; and
- Comprehensive legislation to address child nutrition and hunger.

The Partnership continues to play a central role in educating the public about the health insurance enrollment process through community education and enrollment events with the Pennsylvania Health Access Network.

In 2016, we offered our Nonprofit Training Institute in partnership with M&T Bank and Millersville Nonprofit Resource Network. Designed to enhance the effectiveness of nonprofit organizations the Institute provided a host of professional development opportunities.

Nonprofit Training Institute Classes
- Leveraging the World Wide Web - Enhance your Organization's Web Presence
- So You're on Facebook - Now What? Social Media Management for Fundraising & Development: Reaching Your Audience and Telling Your Story
- Sustainability through Profits: Financial Management for the Nonprofit Enterprise
- Leadership in the Nonprofit

Our Youth Networking Forum puts a spotlight on emerging issues and resources related to adolescent health.

Forum Presentations in 2015-16
- Fat Stigma and School Bullying
- Local Schools - Local Food
- Responding to Drug and Alcohol Use for School Age Children

The Partnership works to ensure that local nonprofit organizations are staffed with skilled professionals to lead high performing programs.
We take our role as a community partner to heart and are collaborating with many others to tackle key health issues.

- Cumberland County Health Improvement Partnership
- Cumberland Conservation Collaborative
- Cumberland/Perry Tobacco Control Coalition
- Cumberland/Perry Substance Abuse Prevention Coalition
- Dickinson College Community Partners
- Get Outdoors PA
- Greater Carlisle Project
- Hope Station’s Youth Leadership Academy
- PA Hunger Action Coalition
- Pennsylvania Coalition for Oral Health
- Pennsylvania Health Funders Collaborative
- Penn State Hershey PRO Wellness Advisory Council
- Perry County Family Services Partnership Board
- Perry County Health Coalition
- Shippensburg Human Services Council
- South Mountain Partnership
- Taking it to the Streets - United Way of Carlisle and Cumberland County
- United Way of the Capital Region’s Community Dashboard Task Force
- United Way of the Capital Region’s Health Task Force
- 211 Advisory Committee

The Partnership strives to be a leader and catalyst to ensure the continuous improvement of health in our communities.
Thank you for making a contribution to Partnership for Better Health. We value your support.

**Partnership Cornerstone Society**
The Partnership continually strives to identify unmet community needs and spearhead initiatives to fill these critical gaps. We are grateful to all those listed below for their direct support of health programs in Cumberland, Perry and Adams Counties, and Greater Shippensburg. These gifts were contributed between July 1, 2015 and June 30, 2016. Thank you for your generosity.

**Lori Amey, MSW**
**Asuncion Arnedo-Aldrich**
**Theresa Arndt, MLS**
**Mary Frances Carson**
**Joan and Todd Dickinson**
**Deborah Fulham-Winston**
**Jeffrey and Christine Gayman**
**Paul and Dhyana Gehris**
**James Hoefler, Ph.D**
**Deb Kelly, CPA**
**Amy Maley, DO**
**Patti McLaughlin**
**Jude and Craig McLean**
**Thomas Neslund, DMD**
**Todd Peterson, MD**
**Jaqueline Powell, CFP**
**Dr. Ronald and Rita Schlansky**
**Joseph and Meredith Vancosky**

**Partnership Legacy Society**
Planned gifts to the foundation ensure the Partnership’s ongoing legacy in the community. We thank those who have included the Partnership in their estate plans.

**Drs. Linda and David Hoover**
**Robert and Susan Otway**
**June L. Shomaker**

**2016 Summer Youth Scholarships**
Summer is a critical time for young people to learn, grow and explore new challenges that extend beyond the classroom. Through the generosity of these local donors 140 children attended summer camps and activities in 2016. Young people in Carlisle, Shippensburg, Western Perry County and Mt. Holly Springs benefited.

**Mary Frances Carson**
**Michael Devlin**
**Doris Ditzler**
**Dr. Edward and Mary Franco**
**Giant**
**Hoffman Funeral Home & Crematory**
**Drs. David and Linda Hoover**
**Casandra Jewell**
**Joseph Layman and Christina Benson**
**McDonald’s**
**M & T Charitable Foundation**
**Matthew Madden**
**Martson Law Office**
**Miseno’s II Risto Pub & Pizzeria**
**Morgan Stanley – Carlisle**
**Donald & Marjorie Mowery**
**Ann and Kurt Myers**
**Susan and Robert Otway**
**Thomas Place & Grace D’Alo**
**Dr. Les and Kim Poolman**
**Jaqueline Powell, CFP**
**Becca Raley**
**Dr. Ronald and Rita Schlansky**
**June Shomaker**
**Gail Witwer**
**Wolfe & Company Realtors**
During the month of March, 15 local nonprofit organizations participated in the Partnership’s new $50,000 matching gift campaign. Our 2016 Match Madness campaign was designed to support area nonprofits in raising core operating and program funds. Throughout March, participating organizations raised over $66,000. When added to the Partnership’s $50,000 contribution, a grand total of $116,681 was raised and 100 percent of funds were dedicated to the participating nonprofit. These organizations included:

- Boys and Girls Club of Chambersburg and Shippensburg
- Camp Koala
- Carlisle Arts Learning Center
- Carlisle C.A.R.E.S.
- Cumberland County Historical Society
- Cumberland Valley Rails-to-Trails Council
- Historic Carlisle
- Hope Station
- Kidney Foundation of Central PA
- LEAF Project
- Mental Wellness Awareness Association
- Pennsylvania Parks and Forests Foundation
- Project SHARE
- Safe Harbour
- Salvation Army of Carlisle
Partnership for Better Health recognizes these distinguished community volunteers, health professionals, business leaders, philanthropists and youth whose efforts play a vital role in advancing the health and wellness of our region.

For a complete listing of 2016 winners, visit: ForBetterHealthPA.org.
Financial Statements July 1, 2015 - June 30, 2016

**Balance Sheet**

<table>
<thead>
<tr>
<th>Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Investments - Unrestricted</td>
<td>$38,856,992</td>
</tr>
<tr>
<td>Investments - Temporarily and Permanently Restricted</td>
<td>38,207,951</td>
</tr>
<tr>
<td>Land, Buildings and Equipment (net of depreciation)</td>
<td>170,661</td>
</tr>
<tr>
<td>Other Assets</td>
<td>188,285</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$77,423,889</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities and Net Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants Payable</td>
<td>$1,565,400</td>
</tr>
<tr>
<td>Other Liabilities</td>
<td>83,805</td>
</tr>
<tr>
<td>Net Assets - Unrestricted</td>
<td>37,564,962</td>
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<tr>
<td>Net Assets - Temporarily Restricted</td>
<td>183,637</td>
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<tr>
<td>Net Assets - Permanently Restricted</td>
<td>38,026,085</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$77,423,889</td>
</tr>
</tbody>
</table>

**Statement of Activities and Change in Net Assets**

**Revenues, Gains and Other Support**

<table>
<thead>
<tr>
<th>Revenue</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions and Income from Third-Party Trusts</td>
<td>$1,444,965</td>
</tr>
<tr>
<td>Investment Income</td>
<td>1,175,516</td>
</tr>
<tr>
<td>Net Realized and Unrealized Loss</td>
<td>(2,216,681)</td>
</tr>
<tr>
<td>Fees and Miscellaneous Income</td>
<td>177,879</td>
</tr>
<tr>
<td><strong>Total Revenues, Gains and Other Support</strong></td>
<td>581,679</td>
</tr>
</tbody>
</table>

**Expenses**

<table>
<thead>
<tr>
<th>Expense</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants, Initiatives and Other Program Services</td>
<td>2,159,103</td>
</tr>
<tr>
<td>Management and General</td>
<td>601,176</td>
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<tr>
<td>Fundraising</td>
<td>28,067</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>2,788,346</td>
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</tbody>
</table>

**Decrease in Net Assets**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Beginning Net Assets - July 1, 2015</strong></td>
<td>77,981,351</td>
</tr>
<tr>
<td><strong>Ending Net Assets - June 30, 2016</strong></td>
<td>$75,774,684</td>
</tr>
</tbody>
</table>

Excerpts are from the foundation’s audited financial statements for the fiscal year that ended June 30, 2016. Our Form 990 and Audited Financial Statements may be obtained from our office during regular business hours.
2016-17 Board Officers

Jeffrey S. Gayman, Chairperson
David Hoover, Ph.D., Vice Chairperson
Joan Dickinson, Treasurer
Deborah Fulham-Winston, Secretary
Joseph Vancosky

Trustees

Lori Amey, MSW
Theresa Arndt, MLS
Mary Frances Carson*
Nancy Gregor, Esq.
James Hoefer, Ph.D.
Matt Madden
Amy Maley, D.O.
W. Craig McLean*
Patti McLaughlin
Thomas Neslund, DMD
Todd Peterson, M.D.
Les Poolman, Ph.D
Rita Schlansky*

*Completed service in 2016

Partnership Staff

Becca Raley, Executive Director
Doris Ditzler, Senior Director of Grants
Harold Fraker, Director of Financial Services
Casandra Jewell, Office Manager
Machele Lynch, Grants Assistant
Ann Myers, Chief Gift Planning Officer
Heather Swartz, Communications Specialist
Gail Witwer, Director of Health Promotion

Volunteers

Glenda Adkisson
Asuncion Arnedo, M.S.
Rod Benner
Judy May Bennet
Alvin Blitz, Esq.
Joyce Bylander
Steve Capone
Jack Carroll
Win Cleland
Tom Coolidge
Benjamin Dum Jr.
Christopher Farrands
Molly Fortney
Brad Gerlach
Dean Glick
Beth Graham
Helen Houpt
Deb Kelly, CPA
Chad Kimmel, Ph.D.
Leah Kithcart
Barbara Kohutiak
Melissa Mixell
Maureen Mulligan
Sue Otway
George Pomeroy, Ph.D.
Tim Potts
Jacqueline L. Powell, CFP
Courtney Raubenstine
Diana Robinson
Leah Sailhamer
June Shomaker
Andy Skelton, Ph.D.
Jim Smiley
Karen Smith
Alecia Sundsmo, Psy.D.
Terry Urich

274 Wilson Street  Carlisle, PA 17013  Tel: 717-960-9009  www.ForBetterHealthPA.org